

BRIEF INFORMATION ABOUT THE THESES/PROJECTS

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University	Istanbul Bilgi University
Graduate Program	Clinical Psychology (Couple and Family Therapy)
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Title of the Thesis/Project	A Literature Review Of Shame in a Relational Context and Clinical Implications of Shame Dynamics in Marital and Family Therapy
Advisors' Names	Prof Dr Diane SUNAR, Uzm. Psk. Eda ARDUMAN
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Abstract	Shame is a self conscious emotion that usually locks relationships in dysfunctional dynamics. If it goes undetected therapy can work at a surface level and deep transformation will not take place. This literature review covers different conceptualizations of shame through attachment perspective. The following clinical example of developmental, relational and social shame can hinder the progress of the therapy or be used as a springboard to vault the couple in a higher level of secure functioning.
Tezin/Projenin Başlığı	Utanc, utanc ile ilişkili dinamiklerin çift ve aile terapisinde bağlanma kuramı kapsamında ele alınışına dair literatür taraması
Türkçe Özet	Utanc ve utanc ile ilintili duygular çift ve aile ilişkilerini çıkmazlara sokup, kısır döngülere neden olabilir. Eğer çift ve aile terapisinde ele alınmazsa istenilen deęişim ya gerçekleşmez ya da yüzeyde kalır. Bu literatür taraması utancın bağlanma kuramı kapsamında ilişkisel etkilerini incelemeyi hedeflemiştir.